

iMusic + IQ Study



Introduction

This is a randomized, controlled study investigating the effects of iMusic on IQ.

Method

Group 1: This first group of 20 participants listened to iMusic for a minimum of 70 minutes for 25 consecutive days.

Group 2 (control): This second group of 20 participants listened to un-enhanced modern texture music for a minimum of 70 minutes for 25 consecutive days.

Overview

40 participants, subdivided into 2 groups of 20, performed a standard IQ test, providing a baseline test score. Over the proceeding 25 days, the first group listened to iMusic BrainAmp for a minimum of 70 minutes each day during various random tasks. The second control group listened to normal music that did not contain brainwave entrainment technology, with the same instructions as the first group.

iMusic release used in this study: iMusic BrainAmp



Results

After the 25 days, each participant took another IQ test. Among group 1 (the iMusic using group), an average improvement in IQ score of 18.9 % was found to have occurred, representing a significant increase in intellectual quotient. **Every member of the iMusic group experienced an increase in IQ, with an increase of as much as 24 points, and as little as 4 points seen.**

Participants in the iMusic using group also reported an increase in mental energy, clarity, creativity, spatial awareness and an overall improvement in well being.

The second group that listened to regular music saw no measurable improvement in score. Some participants scored slightly better, and some scored slightly worse.